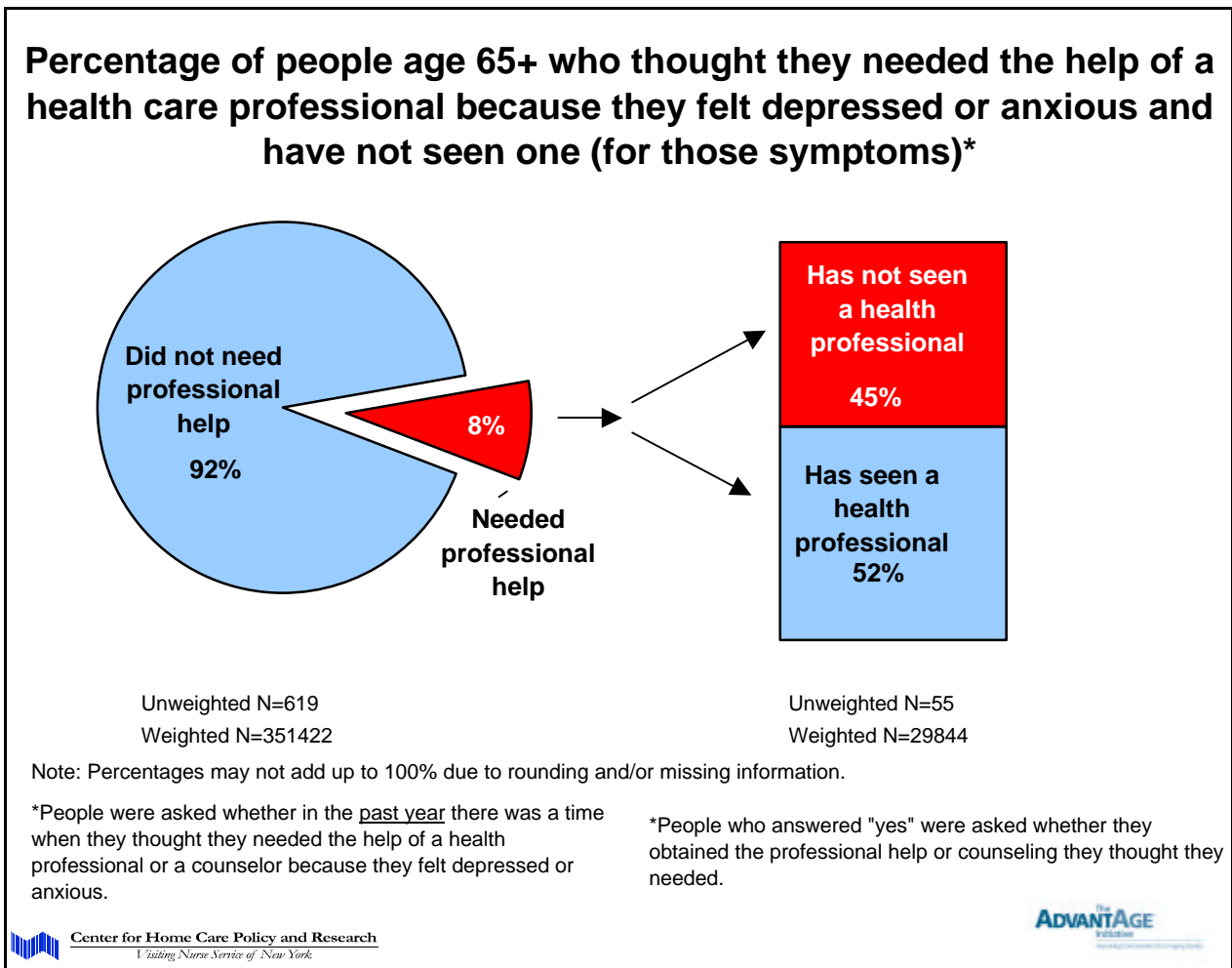


MARICOPA COUNTY

Figure 12.1

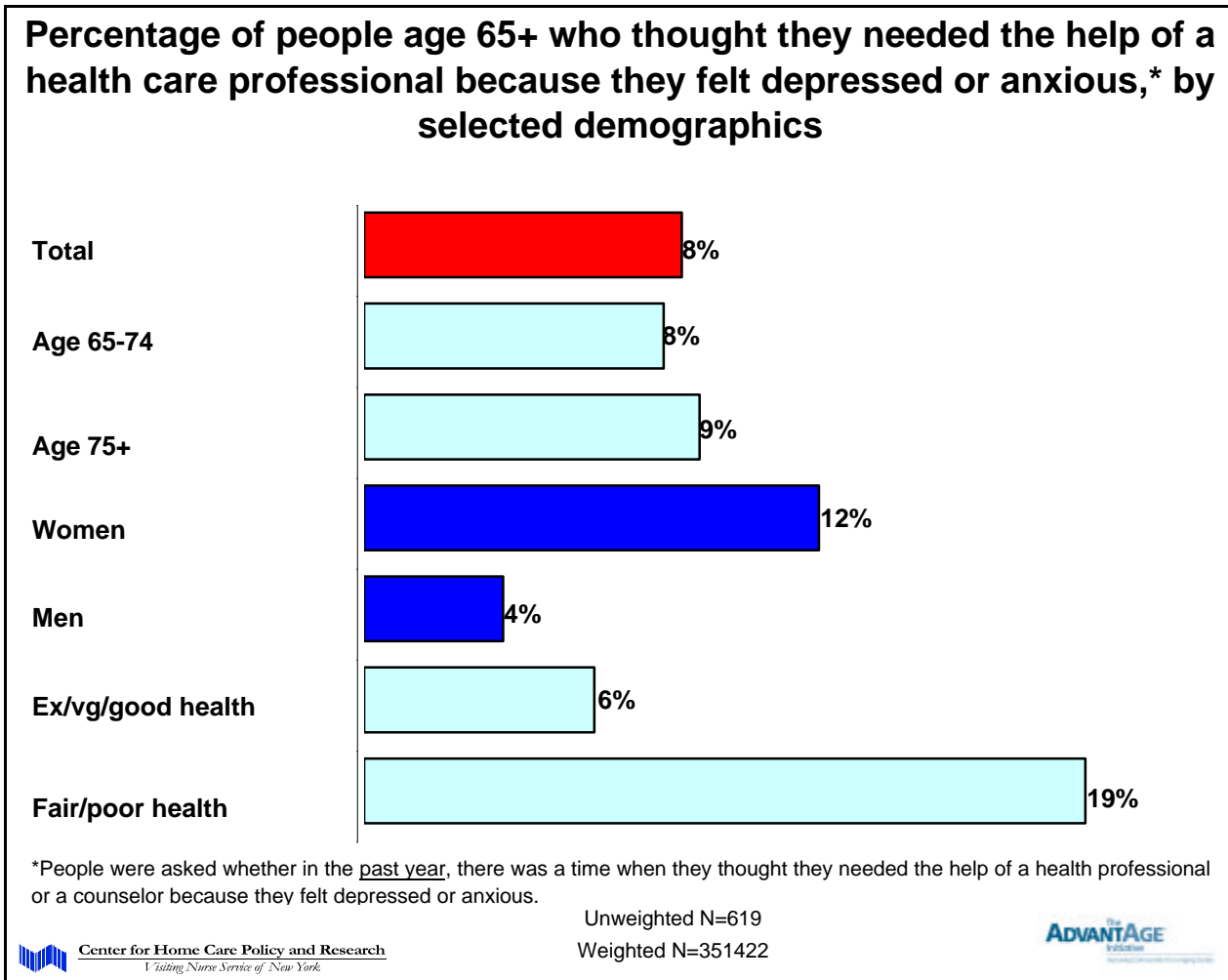


In Maricopa County, one of twelve (8%) people age 65+ say that there was a time in the past year when they thought they needed the help of a health professional or a counselor because they felt depressed or anxious. Of those, more than two of five (45%) did not obtain the professional help they thought they needed. Some of the reasons cited for not seeing a health professional were cost, lack of time, and the expectation that symptoms would pass.

Note: Indicator 12 corresponds to Questions 50-52 in the AdvantAge Initiative survey questionnaire.

MARICOPA COUNTY

Figure 12.2



Overall, one of twelve (8%) people age 65+ say that there was a time in the past year when they thought they needed the help of a health professional or a counselor because they felt depressed or anxious. Figure 12.2 shows differences by selected demographic characteristics.¹ Women and people in fair or poor health are three times as likely as their counterparts (12% vs. 4%; 19% vs. 6%, respectively) to have needed the help of a health professional because they felt depressed or anxious.²

Note: Ex=excellent; vg=very good.

¹Differences are presented by selected demographic characteristics because there was minimal variation within most demographic categories.

²The self reported rates of depression of people age 65+ who are in fair or poor health are consistent with national data that indicate that depression occurs at higher rates in persons with various medical conditions, such as heart disease or heart attack, strokes, certain types of cancer, diabetes, and other medical conditions. See for example, <http://www.nimh.nih.gov/publicat/over65.cfm#old1>